



# White Star Medical Services Ltd

## Childhood Medical Conditions course outline

### Course Introduction

The Childhood Medical Conditions course has been created by White Star Medical to help anyone dealing with children on a more casual basis. Designed to help carers to understand and manage medical conditions, and to help deal with any emergencies that may arise from a pre-existing condition whether or not it has been diagnosed. This course is ideal for those wishing to supplement their knowledge after an emergency paediatric first aid course, Infant first aid course, or for parents, carers and child-minders who want to have an awareness of common illnesses amongst children.

The course lasts approximately two and a half hours.

### Course Information

Qualification Title	Childhood Medical Conditions
Course Duration	2.5 hours
Regulated Course	No
Max Number Of Trainees	12
Min Number Of Trainees	4

### Course outline

The course covers the following elements:

#### 1. Understand how to administer emergency first aid to an infant/child with a chronic medical condition or sudden illness.

1.1 Describe how to recognise; diabetic emergencies, an asthma attack, an allergic reaction, meningitis, croup, sepsis, fever and a febrile convulsion.

1.2 Explain how to administer first aid to an infant or child who is suffering from; a Diabetic emergency, an asthma attack, an allergic reaction, meningitis, croup, sepsis, fever and a febrile convulsion.

#### 2. Understand how to administer first aid to an infant and a child who is experiencing the effects of extreme heat or cold.

2.1 Describe how to recognise the effects of extreme cold or heat.

2.2 Explain how to administer first aid for an infant or child who is suffering from the effects of extreme cold or heat.

#### 3. Understand how to administer first aid to an infant/child who has been poisoned.

3.1 Identify how poisonous substances can enter the body

3.2 Explain how to administer first aid for sudden poisoning

#### 4. Understand how to provide first aid to an infant or child with anaphylaxis.

4.1 List common triggers for anaphylaxis.

4.2 Describe how to recognise anaphylaxis in an infant and a child.

4.3 Explain how to administer first aid for an infant and a child with anaphylaxis.

#### 5. Understand how to administer first aid to an infant and a child with bites, stings and minor injuries.

5.1 Explain how to administer first aid for; bites, stings, small cuts, grazes, bumps and bruises, small splinters and nose bleeds.

5.2 Explain how to administer first aid for swallowed batteries.