



White Star Medical Services Ltd

Infant First Aid course outline

Course Introduction

Particularly suited for parents and childminders, Infant First Aid will teach you how to help an infant in an emergency and covers the most serious life threatening conditions. This course teaches life saving skills, which can make all the difference while waiting for help to arrive.

The course lasts approximately three hours.

Course Information

Qualification Title	Infant First Aid
Course Duration	3 hours
Regulated Course	No
Max Number Of Trainees	12
Min Number Of Trainees	4

Course outline

The course covers the following elements:

1. Be able to provide first aid to an infant/child who is unresponsive and breathing normally.

- 1.1 Place an infant and a child in the recovery position.
- 1.2 Continually monitor an infant and a child whilst they are in the recovery position.
- 1.3 Assist an infant and a child who is experiencing a seizure.

2. Be able to provide first aid for an infant / child who is unresponsive and not breathing normally.

- 2.1 Identify when to administer Cardio Pulmonary Resuscitation (CPR) to an unresponsive infant and an unresponsive child who is not breathing normally.
- 2.2 Administer CPR using an infant and a child manikin.

3. Be able to provide first aid for an infant and a child who is choking.

- 3.1 Identify when choking is either mild or severe.
- 3.2 Administer first aid to an infant/child who is choking.

4. Be able to provide first aid to an infant and a child with external bleeding.

- 4.1 Explain the effect of severe blood loss on an infant and a child.
- 4.2 Control external bleeding.

5. Be able to provide first aid to an infant and a child who is suffering from shock.

- 5.1 Recognise an infant or a child who is suffering from hypovolemic shock.
- 5.2 Administer first aid to an infant or child who is suffering from hypovolemic shock.

6. Understand how to administer first aid to an infant/child with burns or scalds.

- 6.1 Describe how to recognise the severity of burn and scalds.
- 6.2 Explain how to administer first aid for burns and scalds.