



White Star Medical Services Ltd

Level 2 Award in Basic Life Support and the Safe use of an Automated External Defibrillator

Course Introduction

The Level 2 Award in Basic Life Support and the Safe use of an Automated External Defibrillator is recommended as training for first aiders in the workplace environment who have access to a defibrillator.

White Star Medical has experience with many brands of AEDs. On this course, practical elements will be carried out using the new Cardiac Science Powerheart G5 AED.

The topics covered are regarded by Skills for Health as being important to maintaining good practice in the safe, prompt and effective administration of cardiopulmonary resuscitation and automated external defibrillation.

White Star Medical offers an add-on to this course to familiarise candidates with airway management and advanced resuscitation devices, including the use of airway adjuncts and Bag Valve Masks. These items are available in the White Star Medical shop or from most medical retailers. This unit of the course is not accredited and is more suitable to those with an interest in more advanced resuscitation techniques. For more information about the add-on please contact us at info@whitestarmedical.net or register your interest when booking the course in the additional information section of the booking form. The cost is £30 inclusive of VAT.

The accredited portion of the course is 6 hours long and valid for one year.

Course Information

Qualification Title	Level 2 Award In Cardiopulmonary Resuscitation and Automated External Defibrillation (QCF)
Course Duration	1 day
Requalification	Required once a year
Awarding Body (ID)	AoFA Qualifications (81)
Qualification Type	Level 2 Award, QCF, Credit Value: 1
Regulated Course	Yes
Regulator	Ofqual
Trainee Title	AED Operator
Minimum Classroom Hours	6
Maximum Course Duration	1 Day
Max Number Of Trainees	12
Min Number Of Trainees	4



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Course outline

The CPR & AED consists of 2 Units:

Unit 1: Cardiopulmonary Resuscitation and Automated External Defibrillation Skills

Unit 2: Airway management add-on (optional)

Unit one covers the following topics:

1. Be able to manage an unresponsive casualty who is breathing normally.

- 1.1 Assess the scene for danger.
- 1.2 Assess a casualty's level of consciousness.
- 1.3 Demonstrate how to open a casualty's airway and check for breathing.
- 1.4 Demonstrate how to place an unresponsive casualty in the recovery position.

2. Be able to manage an unresponsive casualty who is not breathing normally.

- 2.1 Recognise the need to commence Cardiopulmonary Resuscitation.
- 2.2 Perform Cardiopulmonary Resuscitation on a manikin.

3. Know how to safely use an automated external defibrillator.

- 3.1 Identify safety considerations when using an automated external defibrillator.
- 3.2 List difference in the procedure when using an automated external defibrillator on a child.

4. Be able to safely use an automated external defibrillator.

- 4.1 Demonstrate the correct placement of AED electrode pads on a manikin.
- 4.2 Follow AED voice prompts accurately.
- 4.3 Demonstrate how to combine the use of an automated external defibrillator with minimal interruptions in Cardiopulmonary Resuscitation using a manikin.
- 4.4 Demonstrate the safe delivery of AED shock.
- 4.5 State the procedures if the casualty shows signs of life and starts to breath normally.
- 4.6 Identify the information required when handing the casualty over to emergency services.

Unit two covers the following topics:

1. Be able to manage a casualties airway.

- 1.1 Demonstrate the Jaw Thrust Technique and Chin Tilt.
- 1.2 Describe safe usage of airways.
- 1.3 Correctly measure an oro-pharyngeal.
- 1.4 Correctly insert an oro-pharyngeal.

2. Be able to manage an unresponsive casualty who is regurgitating.

- 2.1 Recognise the need to manage the airway.
- 2.2 Review recovery position.
- 2.3 Demonstrate correct usage of a manual suction device.

3. Be able to manage an unresponsive casualty who is not breathing.

- 3.1 Demonstrate correct use of a bag valve mask with oxygen.
- 3.2 Demonstrate correct resuscitation skills in a team.



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Assessment is carried out by a multiple choice exam papers and continual assessment through observation by the course assessor.

A percentage pass is required on the exam papers plus all Assessment by Observation must be passed before receiving the qualification.

Trainee Information

This course will require a certain amount of physical activity and the Learner will need to demonstrate CPR techniques from the floor (kneeling) position in a group environment. The Learner should wear sensible (flat) shoes or trainers and suitable loose fitting clothing.