



White Star Medical Services Ltd

Level 3 Award in Emergency Paediatric First Aid (RQF)

Course Introduction

This course is designed for anyone wanting to become qualified in administering first aid to children and infants and is ideal for anyone who works with or comes into contact with infants and children in their working or voluntary roles. It is also ideal for parents and careers who wish to have knowledge of paediatric first aid.

This regulated first aid qualification is specific to infants aged under 1, and children aged from 1 year old to the onset of puberty.

This Level 3 qualification is a 1 day course valid for 3 years.

White Star Medical supplies a course certificate the same day as proof of completion, in addition to the accredited certificate supplied by AoFAQ. Please allow up to one month for certificates to arrive from AoFAQ.

Course Information

Qualification Title	Level 3 Award in Emergency Paediatric First Aid (RQF)
Course Duration	1 day
Requalification	Required every 3 years
Awarding Body (ID)	AoFA Qualifications (81)
Qualification Type	Level 3 Award, RQF, Credit Value: 1
Regulated Course	Yes
Regulator	Ofqual
Trainee Title	Emergency Paediatric First Aider
Minimum Classroom Hours	10
Maximum Course Duration	1 Day
Max Number Of Trainees	12
Min Number Of Trainees	4

Course outline

Paediatric first aid consists of 1 Unit:

Unit 1: Emergency Paediatric First Aid

Unit one covers the following topics:

1. Understand the role and responsibilities of the paediatric first aider.

- 1.1 Explain the role and responsibilities of a paediatric first aider.
- 1.2 Explain how to minimise the risk of infection to self and others.
- 1.3 Identify when to use personal protection equipment when providing first aid.
- 1.4 Identify contents of a paediatric first aid kit.
- 1.5 Identify the need to complete an accident report / incident report.
- 1.6 Define an infant and a child for the purposes of first aid treatments.



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2. Be able to assess an emergency situation safely.

- 2.1 Conduct a scene survey.
- 2.2 Conduct a primary survey on an infant and a child.
- 2.3 Identify when to call for help.

3. Be able to provide first aid to an infant/child who is unresponsive and breathing normally.

- 3.1 Place an infant and a child in the recovery position.
- 3.2 Continually monitor an infant and a child whilst they are in the recovery position.
- 3.3 Assist an infant and a child who is experiencing a seizure.

4. Be able to provide first aid for an infant / child who is unresponsive and not breathing normally.

- 4.1 Identify when to administer Cardio Pulmonary Resuscitation(CPR) to an unresponsive infant and an unresponsive child who is not breathing normally.
- 4.2 Administer CPR using an infant and a child manikin.

5. Be able to provide first aid for an infant and a child who is choking.

- 5.1 Identify when choking is either mild or severe.
- 5.2 Administer first aid to an infant/child who is choking.

6. Be able to provide first aid to an infant and a child with external bleeding.

- 6.1 Explain the effect of severe blood loss on an infant and a child.
- 6.2 Control external bleeding.

7. Be able to provide first aid to an infant and a child who is suffering from shock.

- 7.1 Recognise an infant or a child who is suffering from hypovolaemic shock.
- 7.2 Administer first aid to an infant or child who is suffering from hypovolaemic shock.

8. Understand how to administer first aid to an infant and a child with bites, stings and minor injuries.

- 8.1 Explain how to administer first aid for; bites, stings, small cuts, grazes, bumps and bruises, small splinters and nose bleeds.

Assessment is carried out by a multiple choice exam papers and continual assessment through observation by the course assessor.

A percentage pass is required on exam papers plus all Assessment by Observation must be passed before receiving the qualification.

Trainee Information

This course will require a certain amount of physical activity and the Learner will need to demonstrate CPR techniques from the floor (kneeling) position in a group environment. The Learner should wear sensible (flat) shoes or trainers and suitable loose fitting clothing.