



White Star Medical Services Ltd

Level 3 Award in Paediatric First Aid (RQF)

Course Introduction

This course is designed for anyone wanting to become qualified in administering first aid to children and infants and is ideal for anyone who works with or comes into contact with infants and children in their working or voluntary roles. This regulated first aid qualification is specific to infants aged under 1, and children aged from 1 year old to the onset of puberty.

It fulfills the requirements of the statutory framework for the Early Years Foundation Stage (EYFS) as issued by the department for Education and Skills Foundation Stage relating to Early Years childcare.

This Level 3 qualification is an extended version of the Emergency Paediatric First Aid, and is a 2 day course valid for 3 years.

White Star Medical supplies a course certificate the same day as proof of completion, in addition to the accredited certificate supplied by AoFAQ. Please allow up to one month for certificates to arrive from AoFAQ.

Course Information

Qualification Title	Level 3 Award in Paediatric First Aid (RQF)
Course Duration	2 days
Requalification	Required every 3 years
Awarding Body (ID)	AoFA Qualifications (81)
Qualification Type	Level 3 Award, RQF, Credit Value: 3
Regulated Course	Yes
Regulator	Ofqual
Trainee Title	Emergency Paediatric First Aider
Minimum Classroom Hours	12
Maximum Course Duration	2 Days
Max Number Of Trainees	12
Min Number Of Trainees	4

Course outline

Paediatric First Aid consists of 2 Units:

Unit 1: Emergency Paediatric First Aid

Unit 2: Managing paediatric illness, injuries and emergencies

Unit one covers the following topics:

1. Understand the role and responsibilities of the paediatric first aider.

1.1 Explain the role and responsibilities of a paediatric first aider.

1.2 Explain how to minimise the risk of infection to self and others.

1.3 Identify when to use personal protection equipment when providing first aid.



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- 1.4 Identify contents of a paediatric first aid kit.
- 1.5 Identify the need to complete an accident report / incident report.
- 1.6 Define an infant and a child for the purposes of first aid treatments.

2. Be able to assess an emergency situation safely.

- 2.1 Conduct a scene survey.
- 2.2 Conduct a primary survey on an infant and a child.
- 2.3 Identify when to call for help.

3. Be able to provide first aid to an infant/child who is unresponsive and breathing normally.

- 3.1 Place an infant and a child in the recovery position.
- 3.2 Continually monitor an infant and a child whilst they are in the recovery position.
- 3.3 Assist an infant and a child who is experiencing a seizure.

4. Be able to provide first aid for an infant / child who is unresponsive and not breathing normally.

- 4.1 Identify when to administer Cardio Pulmonary Resuscitation(CPR) to an unresponsive infant and an unresponsive child who is not breathing normally.
- 4.2 Administer CPR using an infant and a child manikin.

5. Be able to provide first aid for an infant and a child who is choking.

- 5.1 Identify when choking is either mild or severe.
- 5.2 Administer first aid to an infant/child who is choking.

6. Be able to provide first aid to an infant and a child with external bleeding.

- 6.1 Explain the effect of severe blood loss on an infant and a child.
- 6.2 Control external bleeding.

7. Be able to provide first aid to an infant and a child who is suffering from shock.

- 7.1 Recognise an infant or a child who is suffering from hypovolaemic shock.
- 7.2 Administer first aid to an infant or child who is suffering from hypovolaemic shock.

8. Understand how to administer first aid to an infant and a child with bites, stings and minor injuries.

- 8.1 Explain how to administer first aid for; bites, stings, small cuts, grazes, bumps and bruises, small splinters and nose bleeds.

Unit two covers the following topics:

1. Be able to administer first aid to an infant/child with a suspected fracture.

- 1.1 Describe types of fractures.
- 1.2 Recognise suspected fractures.
- 1.3 Administer first aid for suspected fractures.

2. Be able to administer first aid to an infant and a child with head, neck or back injury.

- 2.1 Describe how to recognise suspected head, neck and/or back injury.
- 2.2 Administer first aid for suspected head, neck and/or back injury.

3. Understand how to administer first aid to an infant/child with conditions affecting the eyes, ears and nose.

- 3.1 Explain how to administer first aid for an infant or child with a foreign body in the eyes, ears or nose.
- 3.2 Explain how to administer first aid for an infant or child with an eye injury.



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4. Understand how to administer emergency first aid to an infant/child with a chronic medical condition or sudden illness.

4.1 Describe how to recognise; Diabetic emergencies, Asthma attack, Allergic reaction, Meningitis and Febrile convulsions.

4.2 Explain how to administer first aid for an infant or child who is suffering from; Diabetic emergencies, Asthma attack, Allergic reaction, Meningitis and Febrile convulsions.

5. Understand how to administer first aid to an infant and a child who is experiencing the effects of extreme heat or cold.

5.1 Describe how to recognise the effects of extreme cold or heat.

5.2 Explain how to administer first aid for an infant or child who is suffering from the effects of extreme cold or heat.

6. Understand how to administer first aid to an infant/child who has sustained an electric shock.

6.1 Explain how to safely manage an incident involving electricity.

6.2 Describe first aid treatments for electric shock incidents.

7. Understand how to administer first aid to an infant/child with burns or scalds.

7.1 Describe how to recognise the severity of burn and scalds.

7.2 Explain how to administer first aid for burn and scalds.

8. Understand how to administer first aid to an infant/child who has been poisoned.

8.1 Identify how poisonous substances can enter the body.

8.2 Explain how to administer first aid for sudden poisoning.

9. Understand how to provide first aid to an infant or child with anaphylaxis.

9.1 List common triggers for anaphylaxis.

9.2 Describe how to recognise anaphylaxis in an infant and a child.

9.3 Explain how to administer first aid for an infant and a child with anaphylaxis.

Assessment is carried out by two multiple choice exam papers and continual assessment through observation by the course assessor.

A percentage pass is required on both exam papers plus all Assessment by Observation must be passed before receiving the qualification.

Trainee Information

This course will require a certain amount of physical activity and the Learner will need to demonstrate CPR techniques from the floor (kneeling) position in a group environment. The Learner should wear sensible (flat) shoes or trainers and suitable loose fitting clothing.